



DAILY MENTAL HEALTH

Tuesday, March 29, | 7 - 8 pm

This presentation, participants will learn about mental health on various aspects of stress and anxiety. Mental health issues have been on everyone's minds these past 2 years. Learn practical information on the best ways to relate with these issues and learn coping skills

Presented by: Karen Fischer, LPC

Location: Grace Center, 250 E. Juneau, Milwaukee, WI

Sponsored by:
Point of Grace Campus Ministry

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